

MAY 2021

THOMPSON PUBLIC SCHOOLS (Gluten-Free Menu)

785 Riverside Drive, N. Grosvenordale, CT 06255 ~ <https://www.district.thompsonk12.org>

Food Service Director: Lisa Durand @ ldurand@thompsonpublicschools.org

Assistant Manager: Christine Murphy @ cmurphy@thompsonpublicschools.org



Monday

LUNCH **3**
 Turkey & Cheese Sandwich
 w/Celery Sticks (Mayo)
 Pickle & Chips

 Chicken Salad Sandwich
 w/Celery Sticks
 Pickle & Chips

 Yogurt Meal

LUNCH **10**
 Turkey & Cheese Sandwich
 w/Celery Sticks (Mayo)
 Pickle & Chips

 Tuna Salad Sandwich w/Celery
 Sticks
 Pickle & Chips

 Yogurt Meal

LUNCH **17**
 Turkey & Cheese Sandwich
 w/Celery Sticks (Mayo)
 Pickle & Chips

 Chicken Salad Sandwich
 w/Celery Sticks
 Pickle & Chips

 Yogurt Meal

LUNCH **24**
 Turkey & Cheese Sandwich
 w/Celery Sticks (Mayo)
 Pickle & Chips

 Tuna Salad Sandwich
 w/Celery Sticks
 Pickle & Chips

 Yogurt Meal

31
NO SCHOOL
 Memorial Day
 Observance

Tuesday

LUNCH **4**
 Chicken Tenders
 w/Mac 'n Cheese & Broccoli
 (Ketchup)

 Yogurt Meal

LUNCH **11**
 Chicken Tenders
 w/Mac 'n Cheese & Broccoli
 (Ketchup)

 Yogurt Meal

LUNCH **18**
 Chicken Tenders
 w/Mac 'n Cheese & Broccoli
 (Ketchup)

 Yogurt Meal

LUNCH **25**
 Chicken Tenders
 w/Mac 'n Cheese & Broccoli
 (Ketchup)

 Yogurt Meal

Wednesday

LUNCH **5**
 Pasta w/Marinara Sauce
 w/Chick Pea Salad

 Cheeseburger/Bun (Ketchup)
 w/Chick Pea Salad

 Yogurt Meal

Early Release LUNCH **12**
 Hot Dog/Bun (Ketchup)
 w/Chick Pea Salad

 Yogurt Meal

LUNCH **19**
 Pasta w/Marinara Sauce
 w/Chick Pea Salad

 Cheeseburger/Bun (Ketchup)
 w/Chick Pea Salad

 Yogurt Meal

LUNCH **26**
 Pasta w/Marinara Sauce
 w/Chick Pea Salad

 Cheeseburger/Bun (Ketchup)
 w/Chick Pea Salad

 Yogurt Meal

Thursday

LUNCH **6**
 "Grilled" Chicken Patty/Bun
 w/Carrots (Lettuce/Tom/Mayo)

 Yogurt Meal

LUNCH **13**
 "Grilled" Chicken Patty/Bun
 w/Carrots (Lettuce/Tom/Mayo)

 Yogurt Meal

LUNCH **20**
 "Grilled" Chicken Patty/Bun
 w/Carrots (Lettuce/Tom/Mayo)

 Yogurt Meal

LUNCH **27**
 "Grilled" Chicken Patty/Bun
 w/Carrots (Lettuce/Tom/Mayo)

 Yogurt Meal

Friday

LUNCH **7**
Early Release Day
 Cheese Pizza
 w/Oven-Baked Fries (Ketchup)

 Yogurt Meal

LUNCH **14**
Early Release Day
 Cheese Pizza
 w/Oven-Baked Fries (Ketchup)

 Yogurt Meal

LUNCH **21**
Early Release Day
 Cheese Pizza
 w/Oven-Baked Fries (Ketchup)

 Yogurt Meal

LUNCH **28**
Early Release Day
 Cheese Pizza
 w/Oven-Baked Fries (Ketchup)

 Yogurt Meal

BREAKFAST

(Includes Juice, Fruit, & Milk)

MONDAY

Blueberry Chex Cereal

TUESDAY

Chocolate Chip Muffin

WEDNESDAY

Cinnamon Chex Cereal

THURSDAY

Blueberry Muffin

FRIDAY

Lucky Charms Cereal

Your student must have a **CURRENT** Medical Statement on File with the Food Service Director to allow these Gluten-Free Meal Substitutions.

WEEKEND MEALS

"Manager's Choice"

Saturday/Sunday Breakfast & Lunch Available for Pick-Up on Friday's @ Thompson Middle School Entrance ~ 12:00-1:00pm

GRAB & GO MEALS

Free to "all" children 0-18!
 Monday-Friday (12:00-1:00)
 @

Thompson Middle School
 (Main Entrance)

"All" Lunch Meals Include

Milk ~ Juice and/or Fruit
 Veggies

DID YOU KNOW?

Blue jeans were official invented in May of 1873 after Levi Strauss and Jacob Davis obtained a patent for the pants on May 20th.

Check Out our School's website under the "Departments" **Nutrition** Link for Menus, Nutritional Education, & Program Assistance

MENU SUBJECT TO CHANGE

