

SEPTEMBER 2020

Thompson Public Schools (Grade 5-12)

Lunch is FREE to all Thompson Middle School Students
 High School Lunch Price \$3.05
 Reduced Priced Meal \$.40

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|--|
| | AUGUST 31 1 Ham & Cheese Bulkie SEPTEMBER 1 Strawberry Yogurt Parfait, Cheese Stick WG Blueberry Bread Vegetable & Milk | 2 Chicken Salad Bulkie Chips Fruit & Vegetable Milk | 3 Chef Salad W/ Italian Dressing WG Apple Strudel Chick Pea Salad Fruit & Milk | 4 Turkey & Cheese Bulkie w/ Lettuce & Mayo Fruit & Vegetable Milk |
| 7 HOLIDAY | 8 "Walking" Taco (cheese, chips, meat) Fruit & Vegetable Milk | 9 Turkey Salad Bulkie Chips Fruit & Vegetable Milk | 10 Chicken Fajita Salad w/ Ranch Dressing WG Cherry Strudel Chick Pea Salad Fruit & Milk | 11 Italian Grinder w/ Lettuce Italian Dressing Fruit & Vegetable Milk |
| 14 Turkey & Cheese Bulkie w/ Lettuce & Mayo Fruit & Vegetable Milk | 15 Berry Patch Smoothie Cheese Stick WG Banana Slice Vegetable & Milk | 16 Chicken Patty w/ Bun Mayonnaise Fruit & Vegetable Milk | 17 Chef Salad W/ Italian Dressing WG Apple Strudel Chick Pea Salad Fruit & Milk | 18 Cheeseburger w/ Bun Ketchup Fruit & Vegetable Milk |
| 21 Ham & Cheese Bulkie w/ Lettuce & Mayo Fruit & Vegetable Milk | 22 WG Cheese Pizza Fruit Vegetable & Milk | 23 Chicken Patty w/ Bun Mayonnaise Fruit & Vegetable Milk | 24 Chicken Fajita Salad w/ Ranch Dressing WG Cherry Strudel Chick Pea Salad Fruit & Milk | 25 Cheeseburger w/ Bun Ketchup Fruit & Vegetable Milk |
| 28 Turkey & Cheese Bulkie w/ Lettuce & Mayo Fruit & Vegetable Milk | 29 WG Cheese Pizza Fruit Vegetable & Milk | 30 Cheeseburger w/ Bun Ketchup Fruit & Vegetable Milk |  | |


PAY FOR MEALS ONLINE
[MySchoolBucks.com](https://www.myschoolbucks.com)

MILK CHOICES: Fat Free Flavored, 1% LF White, Lactaid available upon request.

Track Meal account balances, using [MySchoolBucks.com](https://www.myschoolbucks.com) and/or Set up low Email balance reminders! Deposit funds in students account any time! View Cafeteria purchases
 Please call your school for details 860-923-9581 ext 588 Lisa Durand or Email ldurand@thompsonpublicschools.org

BREAKFAST & LUNCH AVAILABLE DAILY FOR ENROLLED DISTANCE LEARNING STUDENTS 10:30- 11:30 at the THOMPSON MIDDLE SCHOOL ENTRANCE

MENU SUBJECT TO CHANGE