

MARCH 2020

MARY R. FISHER ELEMENTARY SCHOOL

LUNCH IS FREE FOR ALL MARY R. FISHER SCHOOL STUDENTS

Monday	Tuesday	Wednesday	Thursday	Friday
Dr Suess Day 2 Green Eggs & Ham WG Muffin OR Yogurt ~ WG Muffin ~ Cheese Stick Tater-Tots ~ Baked Beans	3 Chicken Stir Fry w/ WG Biscuit ~ Mozzarella Sticks w/ Dipping Sauce OR Turkey & Cheese Sandwich Mashed Potatoes ~ Buttered Corn 100% Juice	4 Beef Taco Pie w/ WG Biscuit ~ Cheese Pizza OR Ham & Cheese Sandwich Buttered Green Beans ~ Garden Salad	5 BBQ Chicken Flat Bread w/ Cheese ~ Cheeseburger w/ Roll OR Sunbutter & Jelly Sandwich/Cheesestick Buttered Carrots ~ Cucumber Wheels 100% Juice	6 WG Chicken Nuggets ~ Fish Sticks w/ Roll OR Yogurt ~ WG Muffin ~ Cheese Stick Fluffy Rice ~ Steamed Broccoli
9 Buffalo Chicken Wrap ~ Hot Dog w/ Roll OR Yogurt ~ WG Muffin ~ Cheese Stick Tater-Tots ~ Baked Beans	10 Taco Salad ~ Calzone w/ Sauce OR Turkey & Cheese Sandwich Mexican Rice ~ Buttered Corn	11 EARLY RELEASE Ham/Cheese Sandwich Mayonnaise ~ Baby carrots Chips, 100% Juice	12 EARLY RELEASE (Parent Conferences) Yogurt ~ Blueberry Bread Slice Carrots ~ Cheese Stick 100% Juice	13 WG HOLIDAY Chicken Nuggets ~ Toasted Cheese OR Sunbutter & Jelly Sandwich/ Cheesestick Fluffy Rice ~ Steamed Broccoli
16 Chicken Fajita ~ Cheeseburger w/ Roll OR Yogurt ~ WG Muffin ~ Cheese Stick Tater-Tots ~ Baked Beans	17 Beef Stroganoff w/ WG Roll~ Mozzarella Sticks w/ Dipping Sauce OR Turkey & Cheese Sandwich Mexican Rice ~ Buttered Corn 100% Juice	18 Pasta w/ Meat sauce w/ Roll~ Cheese Pizza OR Ham & Cheese Sandwich Buttered Green Beans ~ Garden Salad	19 Parmesan Chicken Patty ~ Pasta OR Sunbutter & Jelly Sandwich/ Cheesestick Buttered Carrots ~ Cucumber Wheels 100% Juice	20 WG Chicken Nuggets ~ Baked Fish w/ Roll OR Yogurt ~ WG Muffin ~ Cheese Stick Fluffy Rice ~ Steamed Broccoli
23 Chicken Broc Alfredo w/ Roll ~ Hot Dog w/ Roll OR Yogurt ~ WG Muffin ~ Cheese Stick Tater-Tots ~ Baked Beans	24 Turkey Pot Pie w/ WG Roll ~ Cheeseburger w/ Roll OR Turkey & Cheese Sandwich Mashed Potatoes ~ Buttered Corn 100% Juice	25 Volcanic Meatloaf w/ WG Biscuit ~ Cheese Pizza OR Ham & Cheese Sandwich Buttered Green Beans ~ Garden Salad	26 BBQ Pulled Sandwich OR Sunbutter & Jelly Sandwich/ Cheesestick Buttered Carrots ~ Cucumber Wheels 100% Juice	27 WG Chicken Tenders ~ Toasted Cheese OR Yogurt ~ WG Muffin ~ Cheese Stick Fluffy Rice ~ Steamed Broccoli
30 Chicken Salad on Roll ~ Corn Dogs OR Yogurt ~ WG Muffin ~ Cheese Stick Tater-Tots ~ Baked Beans	31 Baked Potato Bar w/ Banana Bread Slice ~ Mozzarella Sticks w/ Dipping Sauce OR Turkey & Cheese Sandwich Mashed Potatoes ~ Buttered Corn 100% Juice			


PAY FOR MEALS ONLINE
[MySchoolBucks.com](https://www.myschoolbucks.com)

DAILY CHOICES: Fresh Woodstock Orchard apples available daily and a variety of "Rainbow Colored" Fruit and Vegetables **MENU SUBJECT TO CHANGE**
MILK CHOICES: Fat Free Flavored, 1% LF White, Lactaid or Soy available upon request. **Milk will be free with a Meal. If purchased separately \$.50**
 Track Meal account balances, using [MySchoolBucks.com](https://www.myschoolbucks.com) and/or Set up low Email balance reminders! Deposit funds in students account any time! View Cafeteria purchases
Gluten Free Lunch available MUST be pre ordered daily Please call your school for details 860-923-9581 ext 588 Lisa Durand or Email ldurand@thompsonpublicschools.org

