

Monday
Tuesday
Wednesday
Thursday
Friday


4
 Cheeseburger
OR
 Vanilla Yogurt-Muffin-Cheese Stick
 Oven Baked Potato's
 Baked Beans ~ Cucumber Wheels

5
 Cheese Pizza
 WG Cookie
OR
 Turkey/Cheese Sandwich
 Spinach Salad ~ Fresh Carrots
 Juice

6
 Pasta & Meat Sauce
 Garlic Breadstick
OR
 Vanilla Yogurt-Cereal-Cheese Stick
 Spinach Salad ~ Cucumber Wheels

7
 Vanilla Yogurt & Warm Pretzel
OR
 Ham/Cheese Sandwich
 Fresh Celery & Tomatoes
 Juice

1
 Crispy Breaded Chicken
OR
 Vanilla Yogurt-Muffin-Cheese Stick
 WG Mac & Cheese
 Seasoned Broccoli

8
 Crispy Breaded Chicken
OR
 Vanilla Yogurt-Muffin-Cheese Stick
 WG Mac & Cheese
 Seasoned Broccoli

11
 Hot Dog
OR
 Vanilla Yogurt-Muffin-Cheese
 Oven Baked Potato's
 Baked Beans ~ Cucumber Wheels

12
CHINESE NEW YEAR
 WG Mozzarella Sticks ~ Dipping sauce
OR
 Turkey/Cheese Sandwich
Fortune Cookie
 Mashed Potatoes~ Fresh Carrots
 Juice

13
EARLY RELEASE
 Ham/Cheese Sandwich
 Mayonnaise ~ Baby carrots
 Doritos, 100%Juice

14
 Cheese Pizza
OR
 Ham/Cheese Sandwich
 Oven Baked Potato's
 Fresh Celery & Tomatoes
 Juice

15
HOLIDAY
 Crispy Breaded Chicken
OR
 Vanilla Yogurt-Muffin-Cheese Stick
 WG Mac & Cheese
 Seasoned Broccoli

18
HOLIDAY

19
HOLIDAY

20
NO SCHOOL

21
 French Toast Sticks
 Sausage Links~ Hash Brown
OR
 Ham/Cheese Sandwich
 Baked Beans ~ Fresh Celery & Tomatoes
 Juice

22
 Crispy Breaded Chicken
OR
 Vanilla Yogurt-Muffin-Cheese Stick
 WG Mac & Cheese
 Seasoned Broccoli

25
 Cheeseburger
OR
 Vanilla Yogurt-Muffin-Cheese
 Oven Baked Potato's
 Baked Beans ~ Cucumber Wheels

26
 WG Mozzarella Sticks
 Dipping sauce
OR
 Turkey/Cheese Sandwich
 Mashed Potatoes~ Fresh Carrots
 Juice

27
 Shepard's Pie
 Garlic Breadstick
OR
 Vanilla Yogurt-Cereal-Cheese Stick
 Spinach Salad ~ Cucumber Wheels

28
 Cheese Pizza
OR
 Ham/Cheese Sandwich
 Oven Baked Potato's
 Fresh Celery & Tomatoes
 Juice



DAILY CHOICES: Fresh Woodstock Orchard apples available daily and a variety of "Rainbow Colored" Fruit and Vegetables **ORANGE JUICE-** Available Tuesdays & Thursdays

MILK: 1% Low Fat White Milk, Fat Free Chocolate, Skim Milk, Lactaid and Soy available upon request

Track Meal account balances, Set up low E-Mail balance reminders! Deposit funds in students account any time! View Cafeteria purchases.

Please call your school for details 860-923-9581 Ext 588 Lisa Durand or Email ldurand@thompsonpublicschools.org