

Monday

Hot Dog w/ Chili & Cheese **3**
OR
"LOADED" Mac and Cheese Fries

Oven Baked Potato's
Baked Beans

Tuesday

Mozzarella Sticks **4**
Dipping sauce
OR
Hot Dog

Mashed Potatoes
Seasoned Carrots

Wednesday

"Peppy" Pasta & Meat Sauce **5**
Garlic Breadstick
OR
Pizza

Roasted Squash

Thursday

Scrambled Eggs & Sausage links **6**
OR
Turkey & Stuffing Roll Up

WG Muffin
Seasoned Green Beans

Friday

Crispy Breaded Chicken **7**
OR
Filet of Fish Sandwich

Mac & Cheese
Seasoned Broccoli

"Pepper Jack" Cheeseburger **10**
(Let- Pickles)
OR
BBQ Rib Sandwich

Oven Baked Potato's
Baked Beans

Parmesan Chicken Patty or Plain **11**
W/Bun
OR
Cheeseburger

Mashed Potato
Seasoned Carrots

EARLY RELEASE **12**

Stuffed Crust Cheese Pizza
Pasta Salad ~ Roasted Squash

Alt. Main
Ham and Cheese Bulkie

Shepard's Pie **13**
Garlic Breadstick
OR
Hot Buffalo Turkey Grinder

Hearty Vegetable Soup
Seasoned Green Beans

Crispy Breaded Chicken **14**
OR
Filet of Fish Sandwich

Oven Fried WG Rice
Seasoned Broccoli

Hot Dog w/ Chili & Cheese **17**
OR
"Sloppy Joes" Potato Bowl

Oven Baked Potato's
Baked Beans

Mozzarella Sticks **18**
Dipping sauce
OR
Hot Dog

Mashed Potato's
Seasoned Carrots

Taco Salad w/ Chips & Fixings **19**
w/ Salsa & Sour Cream
OR
Hot Pastrami Bulkie

WG Spanish Rice ~ Sweet Corn

"HOLIDAY" **20**
Turkey Dinner
Turkey w/ Gravy, Potatoes, Carrots,
Stuffing / WG Breadstick
OR
WG Pizza

Crispy Breaded Chicken **21**
OR
Filet of Fish Sandwich

Mac & Cheese
Seasoned Broccoli

24
HOLIDAY

25
HOLIDAY

26
HOLIDAY

27
HOLIDAY

28
HOLIDAY

31
HOLIDAY



DAILY CHOICES: Assorted Sandwiches: Turkey, Ham, PB&J, Yogurt Parfait Meal, Assorted Salads w/Muffin- **Variety of "Rainbow Colored" Fruit and Vegetables**

MILK CHOICES: Fat Free Chocolate, LF1% White, and Skim Milk, Lactaid/Soy available upon request **ORANGE JUICE** – Available Mondays and Fridays

Track Meal account balances, Set up low E-Mail balance reminders! Deposit funds in students account any time! View Cafeteria purchases.

Please call your school for details 860-923-9581 ext 588 Lisa Durand or Email Ldurand@thompsonpublicschools

