


# OCTOBER 2018

MARY R. FISHER ELEMENTARY SCHOOL  
Grade 1-4

Daily Lunch Price \$2.90  
Reduced Priced Meal.  
\$.40

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p>Cheeseburger Oven Baked Potato's Baked Beans ~ Cucumber Wheels</p> <p>Alt. Main Vanilla Yogurt-Muffin-Cheese Stick</p>	<p><b>2</b></p> <p>Mozzarella Sticks Dipping sauce ~Mashed Potato Roasted &amp; Fresh Carrots</p> <p>Alt. Main Sun Butter Jelly Sandwich w/Cheese stk</p>	<p><b>3</b></p> <p>Cheese Pizza Roasted Squash Cucumber Wheels</p> <p>Alt. Main Vanilla Yogurt-Muffin-Cheese Stick</p>	<p><b>4</b></p> <p>Scrambled Eggs ~ Bagel Sausage Link Spinach Salad</p> <p>Alt. Main Ham/Cheese Sandwich</p>	<p><b>5</b></p> <p>Crispy Breaded Chicken Bread Slice ~ Asian Fried Rice Roasted Broccoli ~ Cucumber Wheels</p> <p>Alt. Main Vanilla Yogurt-Muffin-Cheese Stick</p>
<p><b>8</b></p> <p><b>HOLIDAY</b></p>	<p><b>9</b></p> <p>Cheese Pizza Mashed Potato Roasted &amp; Fresh Carrots</p> <p>Alt. Main Sun Butter Jelly Sandwich w/Cheese stk</p>	<p><b>10</b></p> <p><b>EARLY RELEASE</b></p> <p>Ham/Cheese Sandwich Mayonnaise ~ Baby carrots Potato Chips, 100% Juice</p>	<p><b>11</b></p> <p>Cheeseburger Oven Baked Potato's Spinach Salad Seasoned Green Beans</p> <p>Alt. Main Ham/Cheese Sandwich</p>	<p><b>12</b></p> <p>Crispy Breaded Chicken Mac &amp; Cheese Roasted Broccoli ~ Cucumber Wheels</p> <p>Alt. Main Vanilla Yogurt-Muffin-Cheese</p>
<p><b>15</b></p> <p><b>CELEBRATE</b></p> <p>Cheeseburger Oven Baked Potato's Baked Beans ~ Cucumber Wheels</p> <p>Alt. Main Vanilla Yogurt-Muffin-Cheese Stick <b>SPECIAL</b></p>	<p><b>16</b></p> <p><b>NATIONAL</b></p> <p>Mozzarella Sticks Dipping sauce ~ Mashed Potato Roasted &amp; Fresh Carrots</p> <p>Alt. Main Sun Butter Jelly Sandwich w/Cheese stk <b>SURPRISES</b></p>	<p><b>17</b></p> <p><b>SCHOOL</b></p> <p>Cheese Pizza Sweet Corn Cucumber Wheels</p> <p>Alt. Main Vanilla Yogurt-Muffin-Cheese Stick <b>AVAILABLE</b></p>	<p><b>18</b></p> <p><b>LUNCH</b></p> <p>Meatball Grinder Spinach Salad Seasoned Green Beans</p> <p>Alt. Main Ham/Cheese Sandwich <b>ALL</b></p>	<p><b>19</b></p> <p><b>WEEK</b></p> <p>Crispy Breaded Chicken Bread Slice ~ Asian Fried Rice Roasted Broccoli ~ Cucumber Wheels</p> <p>Alt. Main Vanilla Yogurt-Muffin-Cheese Stick <b>WEEK</b></p>
<p><b>22</b></p> <p>Hot Dog Oven Baked Potato's Baked Beans ~ Cucumber Wheels</p> <p>Alt. Main Vanilla Yogurt-Muffin-Cheese Stick</p>	<p><b>23</b></p> <p>Chicken Patty W/Bun Mashed Potato Roasted &amp; Fresh Carrots</p> <p>Alt. Main Sun Butter Jelly Sandwich w/Cheese stk</p>	<p><b>24</b></p> <p>Pasta and Meatballs Garlic Breadstick Roasted Squash ~ Cucumber Wheels</p> <p>Alt. Main Vanilla Yogurt-Muffin-Cheese Stick</p>	<p><b>25</b></p> <p>Cheese Pizza Spinach Salad Seasoned Green Beans</p> <p>Alt. Main Ham/Cheese Sandwich</p>	<p><b>26</b></p> <p><i>Holiday Chicken Nuggets</i> Mac &amp; Cheese Roasted Broccoli ~ Cucumber Wheels</p> <p>Alt. Main Vanilla Yogurt-Muffin-Cheese</p>
<p><b>29</b></p> <p>Cheeseburger Oven Baked Potato's Baked Beans ~ Cucumber Wheels</p> <p>Alt. Main Vanilla Yogurt-Muffin-Cheese Stick</p>	<p><b>30</b></p> <p>Mozzarella Sticks Dipping sauce ~Mashed Potato Roasted &amp; Fresh Carrots</p> <p>Alt. Main Sun Butter Jelly Sandwich w/Cheese stk</p>	<p><b>31</b></p> <p>Lasagna Garlic Breadstick Roasted Squash ~ Cucumber Wheels</p> <p>Alt. Main Vanilla Yogurt-Muffin-Cheese Stick</p>		

**DAILY CHOICES:** Fresh Woodstock Orchard apples available daily and a variety of "Rainbow Colored" Fruit and Vegetables **ORANGE JUICE-** Available Monday & Fridays

**MILK:** 1% Low Fat White Milk, Fat Free Chocolate, Fat Free Strawberry, Lactaid and Soy available upon request

Track Meal account balances, Set up low E-Mail balance reminders! Deposit funds in students account any time! View Cafeteria purchases.

Please call your school for details 860-923-9581 ext 588 Lisa Durand or Email [ldurand@thompsonpublicschools.org](mailto:ldurand@thompsonpublicschools.org)